

## Swimming Sessions for Junior Pupils

06.09.24

Dear Parent/Guardian

Swimming lessons for junior pupils will commence from Monday, 16<sup>th</sup> September until Wednesday, 4<sup>th</sup> October. **Please note that swimming lessons will take place on Mondays, Tuesdays and Wednesdays during this three week period, and there will not be any swimming lessons on Thursdays or Fridays.** Swimming is a core aspect of our PE curriculum and an important life skill with additional health and social benefits. It is essential that your child participates. If there is a medical reason why your child cannot swim on a certain day, we will require a written letter or email to explain this.

Y3 pupils must be in school at 8.45am as the bus will be leaving promptly at 8.55am. **Please note that pupils will be swimming with their year group and not their class.**

Remember to bring a waterproof bag containing a towel and hairbrush/comb. Girls must wear a one-piece costume and boys must wear short/mid-thigh shorts/trunks. No jewellery is permitted in the pool. If your child has a verruca, a verruca sock must be worn. Asthmatic pupils must bring their inhaler to the pool.

Yours faithfully

Junior Teachers

## **Swimming FAQs:**

- We will be going by bus to Hawthorn High School every Monday, Tuesday and Wednesday over a period of 3 weeks.
- There is no cost for parents – this is part of the school timetable.
- Children who cannot swim will always be in the shallow end.
- Children will be sorted into ability groups by the swimming instructors.
- Boys and girls will be in separate changing rooms.
- Children will have to dress/undress on their own in the changing rooms, so should wear clothes that they can easily put on/take off.
- A teacher will always be present poolside (but we are **not** allowed in the water).
- Children may wear their swimwear to school under their clothes, but please note that some classes will be going later in the afternoon.
- If children do wear their swimwear under their uniform to school, then please remember to pack underwear.
- **Girls need to wear one-piece swimsuits. No bikinis or tankinis.**
- **Boys must wear trunks above the knee** – no long board shorts please as they are difficult to swim in.
- No t-shirts/shorts over swimwear.
- Children may bring a pair of goggles and swimming cap if they wish.
- Include a waterproof bag for wet swimwear/towel.
- No woggles or swim toys.
- Long hair will need to be tied back/plaited - there will not be time to wash or dry hair.
- Jewellery will not be permitted at the pool.
- Children may bring a snack and a drink as usual.

If you have any further questions, please do not hesitate to ask your child's teacher at the end of the day or via Teams.

Junior Teachers