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### **KS2 PE Kit Reminder Letter**

6th September 2024

Dear Parent/Guardian,

Last year, we noticed that there were some pupils who regularly forgot their PE kit. PE is a statutory requirement of the curriculum. As well as developing physical skills, PE teaches children intellectual skills, helps them navigate social situations and nurtures their emotional development. Pupils may not be able to participate without the correct clothing; therefore, this will have a detrimental effect on their learning. Pupils will not need PE kit during our swimming lesson weeks.

PE/outdoor days for our junior pupils are on the following days:

Monday – Mrs Rourke's Year 4/5 Class

Tuesday – Mrs Morgan's and Mrs Goddard's Year 3/4 Class

Wednesday – Mrs Gogherty's Year 3 Class

Thursday – Mrs Henshaw's Year 5/6 Class

Friday – Mrs John's Year 6 Class

For hygiene reasons and to promote independence, pupils should bring their PE kit into school and change for their PE lesson. The following kit must be brought to school for PE lessons:

- a t-shirt
- a pair of shorts
- a pair of trainers
- a pair of leggings/jogging/track suit trousers and a hoodie/sweatshirt during winter months

It is important to wear the correct footwear when taking part in any type of physical activity. Incorrect footwear can lead to accidents and injuries. By wearing the correct footwear, injuries are less likely and school shoes will not be damaged. Crocs are not appropriate for PE lessons.

For health and safety reasons, no items of jewellery may be worn and earrings must be removed prior to pupils participating in PE lessons. Teachers and LSAs are not permitted to remove a pupil's earrings. If ears have recently been pierced, please ensure that only studs are worn and not hoop or drop earrings. False nails must not be worn as they are also a health and safety risk during PE lessons. Pupils with shoulder-length or longer hair must ensure their hair is tied back.

As we are sure you will understand, the measures above are designed to ensure that all pupils participating in PE are not at risk of injury. We want to make sure we continue to deliver PE in a safe, engaging and enjoyable environment.

Thank you for your continued support.

Yours faithfully,

The Junior School Staff

